

CPR, AED, and First Aid for Adults

MEDIC FIRST AID® BasicPlus is an adult CPR, AED, and first aid training program designed specifically for the occupational first aid provider. BasicPlus includes training in the use of Automated External Defibrillators (AEDs), a vital component for any sudden cardiac arrest emergency. This program will help employers meet OSHA and other federal and state regulatory requirements for training employees in responding to and caring for medical emergencies at work.

BasicPlus, Version 6.0 offers:

- Award-winning, professionally produced videos
- Full-color Student Guides
- Safe and effective first aid response techniques based on the most up-to-date guidelines for CPR and first aid
- A memorable learning experience which will stay with the student long after the one-day training session

With MEDIC FIRST AID programs, students receive:

- A unique EMS approach to patient care
- Low-stress training with user-friendly materials and positive coaching
- A proven "seeing, hearing, doing, speaking, feeling" approach to learning
- Significant classroom time for hands-on practice in small groups
- Performance-based student evaluation



Topics covered in the program:

- Assessment
- Personal Safety
- Activating EMS
- Clearing and Protecting the Airway
- Ventilations
- Chest Compressions
- One-Rescuer CPR
- AED Operation and Basic Maintenance
- Control of Bleeding
- Managing Shock
- Foreign Body Airway Obstruction
- Warning Signs of Illness
- Mechanism of Injury
- Emotional Impact of Providing Care

Class completion time: 5 to 6 hours



For more information on MEDIC FIRST AID BasicPlus CPR, AED, and First Aid for Adults, contact: